

Successfactors Dementia Friendly Initiatives: Mentality

ZonMw Memorabel project

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Content of this presentation

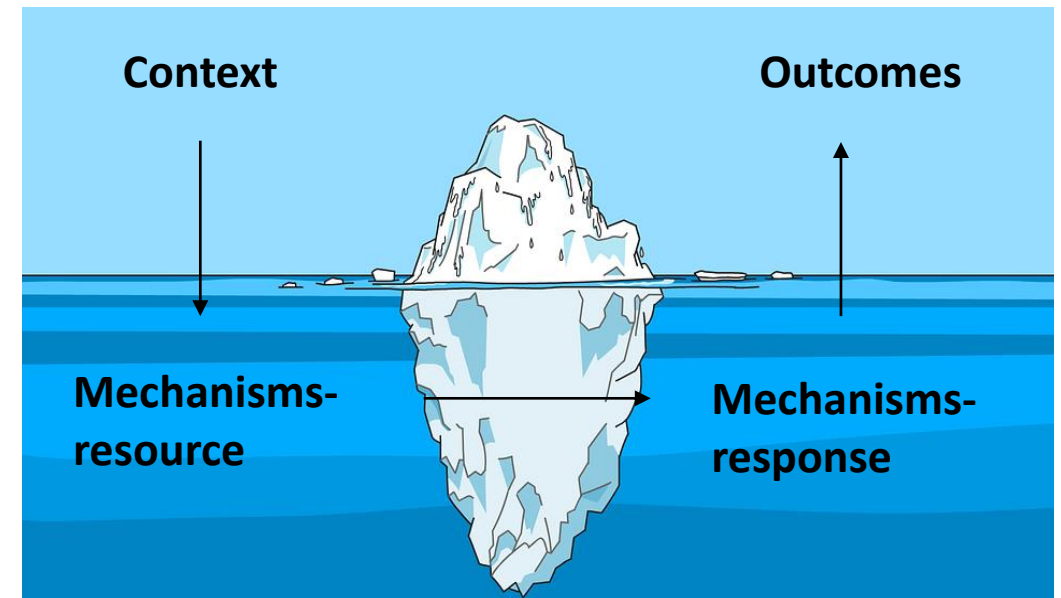
- Dutch context for people with dementia and their carers
- Outcomes of DFI according to people with dementia and their carers
- Development and sustainment of DFI: what matters?
- Interdisciplinary collaboration during the development and sustainment of DFI

Use of the realist approach in Mentality

Mechanisms: what is hidden, matters the most

Looking for mechanisms by extracting Context-mechanisms-outcome configurations

- Phase A: Rapid realist literature review
- Phase B: Multiple case study best practices NL & UK
- Phase C: Realist Evaluation 4 pilot communities



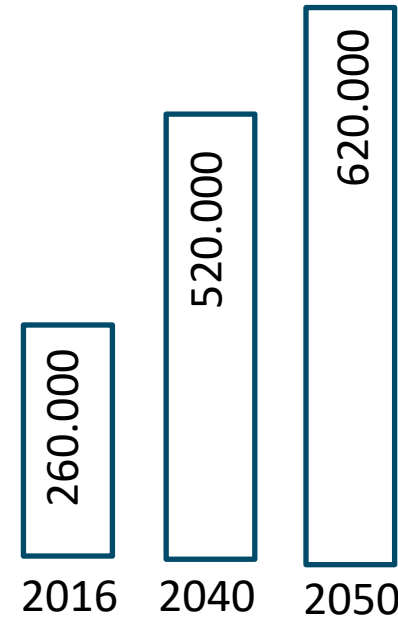
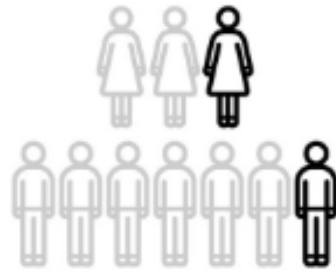
Basic components of a realist causal explanation

Pawson R, & Tilley N. 1997 [2003]. *Realistic Evaluation*. Thousand Oaks, CA: Sage Publications

Dutch context

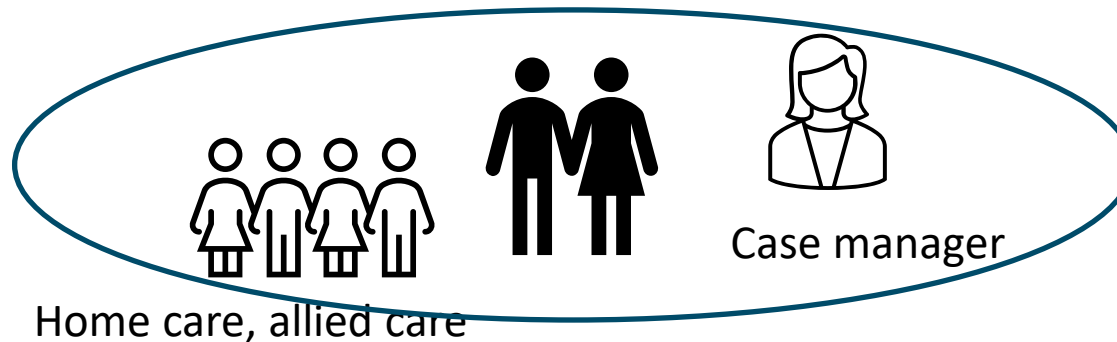
- Prevalence of dementia in the Netherlands.

- Women-men



(Source: [Factsheet cijfers en feiten over dementie | Alzheimer Nederland \(alzheimer-nederland.nl\)](https://www.alzheimer-nederland.nl/factsheet-cijfers-en-feiten-over-dementie))

Dutch context: support for people with dementia and their carers.



- Locally organized, preferably in network based primary care per municipality or region.
- Shortage of workers-human rights movement
- Real focus on inclusion?
- Dementia friendly initiatives in a community-> municipality.

Dementia friendly initiatives in the literature

Of 7154, 22 papers included in which outcomes were obtained by empirical data from people with dementia and their carers.



Source: [How do community based dementia friendly initiatives work for people with dementia and their caregivers, and why? A rapid realist review - PubMed \(nih.gov\)](#)

Results review: outcomes of DFI according to people with dementia and carers



Caring community

Having contact,
solving
problems

Being a patient

Stimulating community

Connect, fun
and stress
reduction

Being a
member

Activating community

Engage and
initiate

Being a citizen

Source: [How do community based dementia friendly initiatives work for people with dementia and their caregivers, and why? A rapid realist review - PubMed \(nih.gov\)](#)

Who were collaborating in the development of dementiafriendly initiatives in the community?

Professionals healthcare:

- Home care nurses/district nurses
- Elderly advisors

Policy makers municipality

Entrepreneurs community

- Allied health professionals
- Shops/factories
- One-man enterprises

Professionals from welfare

Volunteers:

- Personal knowledge about dementia/personal relationship
- Related because of interest and characteristic initiative
- Related to another voluntary organisation (Alzheimer Netherlands, zonnebloem)

Neighbors and community citizens

Movement coaches

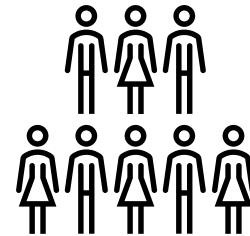
Mental Healthcare collaborators

People with dementia and caregivers



Development and sustainment of DFIs; what matters?

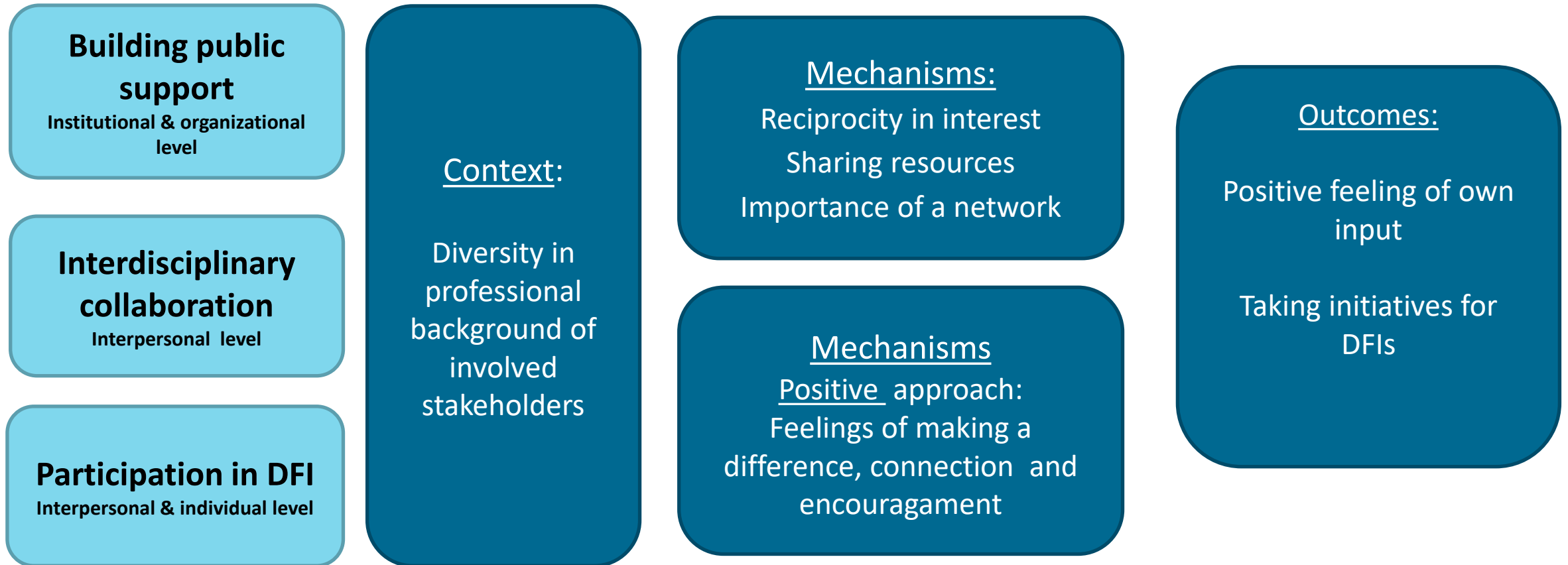
- Multiple case study: 4 best practices with different DFIs
- Interviews, observations, documents and focusgroups
- Network sampling of people who were involved.
 - Professionals (46), volunteers (20),
 - people with dementia (1) and carers (2)



Source: Thijssen et al (2022) What matters in development and sustainment of community dementia friendly initiatives and why? A realist multiple case study. BMC Public Health Submitted

[What matters in development and sustainment of community dementia friendly initiatives and why? A realist multiple case study | Research Square](#)

Results of best practices: Development and sustainment of DFIs; what matters?



Interdisciplinary collaboration during the development and sustainment of DFI

- 4 pilot municipalities ambition to develop DFIs
- Further develop the theory of Interdisciplinary collaboration
- Communities of practice, meetings 1 per 5 weeks or 1 per 6 months (corona!)
- Participants:

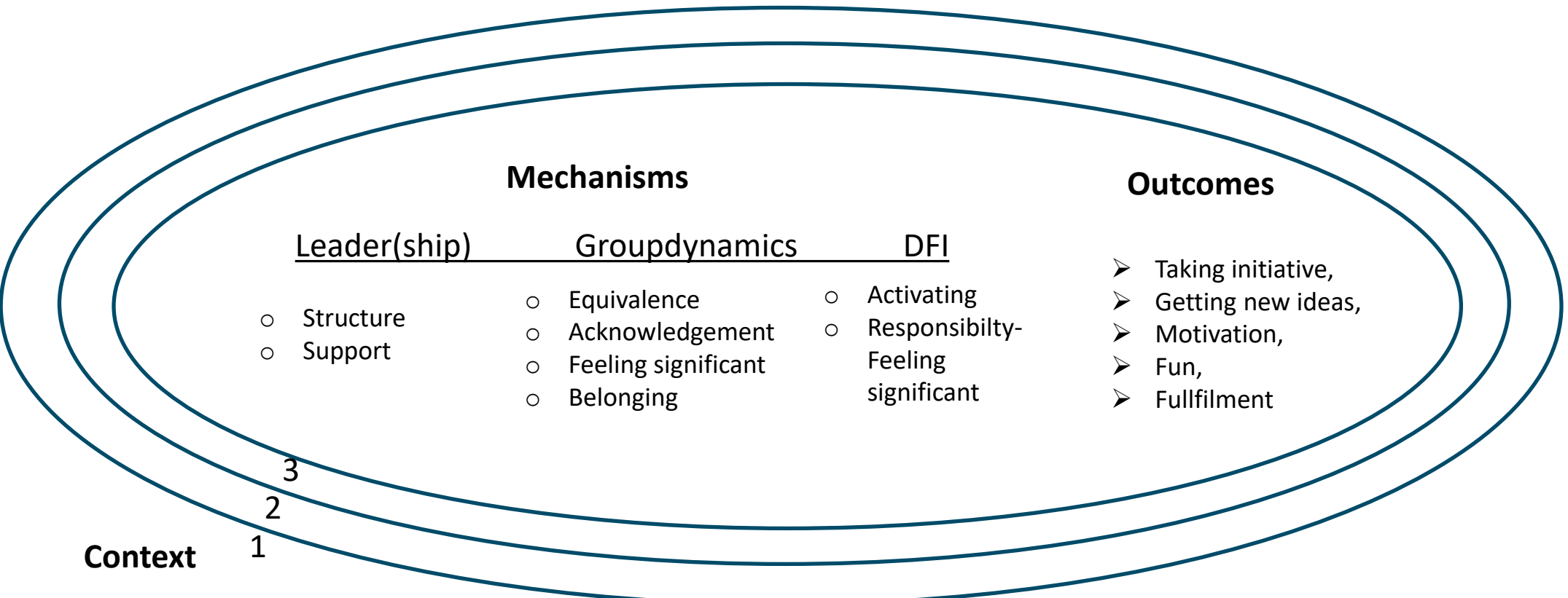


	CS 1 N		CS 2 W		CS 3 H		CS 4 M	
	Included	Dropped out	Included	Dropped out	Included	Dropped out	Included	Dropped out
Health- and social professionals	5	0	3	0	10	2 (replaced)	3	3
Volunteers/community members	3	1 (not replaced)	7	4 (not replaced)	7	0	0	0
Entrepreneurs	0	0	1	1 (not replaced)	0	0	0	0
Policy officer	1	0	1	0	1	1 (replaced)	1	1
People with dementia and/or their caregiver	1	0	1	1 (not replaced)	0	0	0	0
Total participants per CoP	9		7		18		0	



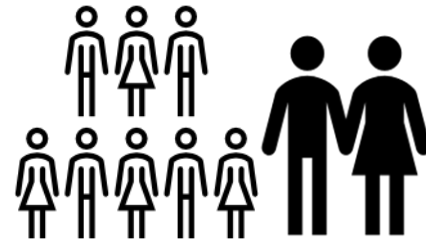
- 6 Focusgroups, informed by minutes, observations and reflections, and 2 exit interviews

Results: Interdisciplinary collaboration during the development and sustainment of DFI



- 1: Municipality with an ambition to become DFI
- 2: Diversity in a network
- 3: Clarity about roles, budget and manpower

Perspectives on involvement of people with dementia and their cares



Thank you for your attention

- Contact: Marjolein.Thijssen@radboudumc.nl
- For informatie project: www.mentality.space



Approach of Mentality

